



**Results of the  
XIII Anniversary International Forum of Cardiology and Internal Medicine  
March 19-21, 2024  
Moscow (online)**

From March 19 to 21, 2024, the annual International Forum of Cardiology and Internal Medicine took place in Moscow. The forum has been held since 2011, and for the last three years, due to the epidemiological situation, it has been held online. The new format provides additional opportunities, including greater coverage of participants from the regions of Russia and the CIS countries.

At the opening ceremony of the Forum, President of the Cardioprogress Foundation, Professor Mekhman N. Mamedov, spoke about the history of the Forum and the ways of its development over 13 years. The main goals and objectives of this important scientific and educational event were outlined. In general, the Cardioprogress Foundation annually holds 8 scientific events on cardiology, therapy and chronic non-infectious diseases of international, national and regional significance. Along with this, a quarterly peer-reviewed publication, the International Journal of Heart and Vascular Diseases is published in Russian and English.

According to the analysis of the Scientific Committee, in 2024, 94 applications for oral presentations and lectures were received from various cities of Russia and neighboring countries. The final scientific program included 71 reports from 32 cities of the Russian Federation and 6 countries (Belarus, Azerbaijan, Turkey, Uzbekistan, Kyrgyzstan, South Ossetia).

The scientific program consists of 17 symposia, including: a plenary session, 3 symposia of medical universities, 4 joint symposia with the CIS countries. 12 symposia were devoted to cardiovascular diseases, and 5 symposia covered current issues of other somatic diseases. The main part of the program included: lipid metabolism disorders, arterial hypertension, rhythm and conduction disorders, systemic atherosclerosis, chronic coronary syndrome, inflammatory myocardial diseases, the use of high technologies, cardio-oncology, chronic obstructive pulmonary disease, gastrointestinal diseases, chronic kidney diseases, comorbidity cardiovascular and other somatic diseases, psychosomatic status and family medicine issues. Recordings of the reports will be posted on the website of the Cardioprogress Foundation and will be available for viewing for 365 days.

Traditionally, a collection of scientific papers was published as part of the forum. This year it includes 63 abstracts from 32 cities in Russia and 6 countries near and far abroad. The works were

reviewed by two independent experts and received high marks. The publication is publicly available on the official website of the Foundation.

Registration and participation in the Forum was carried out without payment. Doctors from 15 countries and 122 cities (85% from the Russian Federation and 15% from other countries) joined the Forum. In total, 964 doctors of various specialties were registered over 3 days. In particular, on March 19, 529 participants were registered (223 online and 306 recorded), on March 20, 407 participants were registered (205 online and 202 recorded), on March 21, 360 participants were registered (184 online and 176 recorded).

The organizers hope that the Forum will provide an opportunity to systematize and acquire new knowledge in the field of treatment and prevention of somatic diseases, which will improve clinical efficiency in practice.

Information support was provided by specialized journals and all-Russian Internet resources.

The next XIV International Forum of Cardiology and Internal Medicine will be held in March 2024 in Moscow. Detailed information about the forum and other scientific events is available on the official website of the Cardioprogress Foundation: [www.cardioprogress.ru](http://www.cardioprogress.ru).