

**SCIENTIFIC PROGRAM**  
**VII INTERNATIONAL FORUM OF CARDIOLOGY AND THERAPY**  
**MARCH 21-23, 2018, MOSCOW**

**March 21, 2018**

**Blue hall**

**10.00-11.30**

**Plenary session**

Chairmen: Oganov R.G. (Moscow), Drapkina O.M. (Moscow).

1. Drapkina O.M. (Moscow). Comorbidity of NICD: from pathogenetic connection to multifactorial prophylaxis.
2. Kukharchuk V.V. (Moscow). Problems of lipid-lowering therapy in some unusual situations.
3. Kamilova U.K. (Tashkent). Nephroprotection in patients with chronic heart failure.
4. Halimov Yu.Sh. (St. Petersburg) Cardio-nephrometabolic protection as the main trend of modern pharmacotherapy of type 2 diabetes mellitus.
5. Discussion.

**Break.**

**Blue hall**

**12.00 -13.30**

Symposium. Comorbid pathology in clinical practice: the first clinical recommendations.

Chairmen: Oganov R.G. (Moscow), Simanenkov V.I. (St. Petersburg), Doshichin V.L. (Moscow).

1. Oganov R.G. (Moscow) Comorbidity - the problem of the XXI century. Modern national recommendations.
2. Kotovskaya Yu.V. (Moscow). Arterial hypertension, strokes and congested disorders.
3. Doshichin V.L. (Moscow). Heart rhythm disorders in comorbid patients.
4. Discussion.

**Red Hall**

**12.00 -13.30**

Symposium. Features of anticoagulant therapy in comorbid and elderly patients with atrial fibrillation.

Chairman: Belenkov Yu.N. (Moscow).

1. Andreev D.A. (Moscow). New data in the therapy of patients with atrial fibrillation and ischemic heart disease. Selection of a new UAC after percutaneous coronary intervention with stent placement.
2. Gilyarevsky S.R. (Moscow). Features of anticoagulant therapy of patients with atrial fibrillation and CKD.
3. Orlova Ya.A. (Moscow). Comorbid and elderly patients with atrial fibrillation: risks and safety of new anticoagulants.
4. Discussion.

**Green Hall**

**12.00 -13.30**

Round table. Modern arrhythmology. Dialogue of specialists.

Moderator: Ardashev A.V. (Moscow).

1. Ardashev A.V. (Moscow). The relevance of the problems of atrial fibrillation in the daily practice of the therapist. Modern view on the tactics of treatment of atrial fibrillation.
2. Zotova I.V. (Moscow). ACS in a patient with AF: therapeutic tactics, rules of antithrombotic therapy.

3. Knigin A.V. (Moscow). A clinical case of using an Optimizer in a patient with terminal heart failure. Modulation of cardiac contractility.
4. Discussion.

### **Beige Hall**

**12.00 -13.30**

Russian-Turkish symposium. AF Treatment Guidelines.

Chairmen: Fethi Kılıçaslan (İstanbul), Mamedov M.N. (Moscow).

Speakers:

1. Yusuf Atmaca (Ankara). New Oral Anticoagulants in Nonvalvular Atrial Fibrillation
2. Assoc. Prof. Dr. Levent Şahiner (Ankara). Thromboembolic and Major Bleeding Risk Assessment of Atrial Fibrillation Patients.
3. Discussion.

### **Break.**

### **Blue hall**

**14.00-15.30**

Symposium of the Russian Holter Monitoring and Non-invasive Electrophysiology Society.

Sudden cardiac death in young people (clinical examples).

Chairmen: Balykova L.A. (Saransk), Makarov L.M. (Moscow).

1. Makarov L.M. (Moscow). Syncope in young people.
2. Balykova L.A. (Saransk). Catecholaminergic ventricular tachycardia.
3. Komolyatova V.N. (Moscow). Morgagni-Adams-Stokes disease in a young girl.
4. Kiseleva I.I. (Moscow). The role of electrocardiologic screening in an athlete when performing an OMS.
5. Discussion.

### **Red Hall**

**14.00-15.30**

Symposium. Lessons, achievements and perspectives of therapy of stable patients with ischemic heart disease.

Chairman: Arutyunov G.P. (Moscow).

1. Arutyunov G.P. (Moscow). The risk of cardiovascular events in patients with stable course of IHD. What do the registers say?
2. Averkov O.V. (Moscow). New approaches to the therapy of patients with stable course of cardiovascular diseases. The results of the COMPASS study.
3. Kobalava Zh.D. (Moscow). The results of the "COMPASS" study in patients with ischemic heart disease. The value for a practical cardiologist.
4. Discussion.

### **Green Hall**

**14.00-15.30**

Master Class. Out-patient reception. Therapist: one in the field warrior.

Vertkin A.L.(Moscow).

Discussion.

### **Beige Hall**

**14.00-15.30**

Symposium. Rheumatoid Arthritis and cardiovascular diseases 2017.

Chairmen: Ali İhsan Ertenli (Ankara), Sedat Kiraz (Ankara).

1. Oğuz Gürler (Samsun) Recent Developments in Predicting Outcomes and Treatment of Rheumatoid Arthritis
2. Cemal Bes (İstanbul). Evaluation of Cardiovascular Risk in RA.
3. Discussion.

### **Break.**

#### **Blue hall**

**16.00-17.30**

Symposium of the National Center for Endocrinology. Problematic issues of endocrine cardiology.

Chairmen: Smirnova O.M., Bondarenko I.Z. (Moscow).

1. Smirnova O.M. (Moscow). Effective and safe control of glycemia in IHD and type 2 diabetes. Is a reasonable balance possible?
2. Bondarenko I.Z. (Moscow). Hypoglycemic conditions: effect on cardiovascular prognosis in patients with and without diabetes. Clinical recommendations.
3. Platonova N.M. (Moscow). Subclinical thyroid dysfunction and cardiovascular risks: treat or not treat?
4. Kononenko I.V. (Moscow). Individualized approach in the treatment of type 2 diabetes mellitus: features in elderly patients.
5. Discussion.

#### **Red Hall**

**16.00-17.30**

Clinical analysis. Heart rhythm disturbances in a patient with IHD.

Moderators: Novikova N.A. (Moscow), Kakorin S.V. (Moscow), Pervova E.V. (Moscow).

1. Kakorin S.V. (Moscow). Heart rhythm disturbances in a patient with IHD.
2. Pervova EV (Moscow). Widespread rhythm disturbances. What is presented on the electrocardiogram?
3. Tavlueva E.V. (Moscow). From recommendations to practice in the treatment of supraventricular rhythm disturbances of a comorbid patient.
4. Gromyko G.A. (Moscow). Is interventional treatment necessary for coronary ventricular arrhythmias?
5. Novikova N.A. (Moscow). Unresolved issues of antiarrhythmic and anticoagulant therapy in patients with atrial fibrillation and ischemic heart disease.
6. Discussion.

#### **Green Hall**

**16.00-17.30**

Symposium of the Main Military Clinical Hospital after named N. N. Burdenko. Complex clinical situations and their solutions

Chairmen: Kryukov E.V., Ovchinnikov Yu.V., Oynotkinova O.Sh. (Moscow).

1. Shakhnovich P.G. (Moscow). Myocardial infarction in young people: from risk factors to modern opportunities for secondary prevention.
2. Sokolyansky N.V. (Moscow). Features of the course of coronary atherosclerosis in patients with a heterozygous form of familial hypercholesterolemia.
3. Karpova N.Yu. (Moscow). Atherosclerosis and aortic stenosis: what is the therapeutic tactic?
4. Antipushina D.N. (Moscow). Sarcoidosis of the heart in a multidisciplinary hospital.
5. Makiev R.G., Cherkashin D.V., Alanichev A.E., Kirichenko P.Yu. (St. Petersburg). The validity of the assessment of the quality of prevention of cardiovascular disease among military personnel with low overall risk.
6. Discussion.

## **Beige Hall**

**16.00-17.30**

Symposium of young scientists 1.

Chairmen: Arabidze G.G. (Moscow), Mikhin V.P. (Kursk), Didigova R.T. (Nazran).

1. Pirozhenko A.A. (Rostov-on-Don). Predicting the rate of movement to the norm with different approaches to the management of patients with arterial hypertension.
2. Akimov A.M. (Tyumen). Physical activity as a behavioral risk factor for coronary heart disease in an open population, association with a social gradient.
3. Fedorova M.H. (Moscow). Tactics of antiarrhythmic therapy in elderly and senile patients with recurrent atrial fibrillation and comorbid pathology.
4. Zemlyanskaya O.V. (Saratov). Gender features of cardiovascular pathology in patients with chronic obstructive pulmonary disease.
5. Hakuasheva I.A. (Nalchik). Features of diagnosis of ventricular extrasystole in young people as the key to a nosological diagnosis.
6. Umanets M.O. (Moscow). Rehabilitation of patients with cardiometabolic disorders.
7. Nazarova A.M. (Moscow). Personalized approaches to dietary support in patients with type 2 diabetes on the basis of evaluation of molecular-genetic markers of fat metabolism.
8. Discussion

**March 22, 2018**

## **Blue hall**

**10.00-11.30**

Symposium of the National Society of Evidence-Based Pharmacotherapy. Patients with atrial fibrillation and comorbid cardiovascular diseases: medical practice and ways to improve the effectiveness of preventive pharmacotherapy.

Chairmen: Martsevich S.Yu. (Moscow), Bunin Yu.A. (Moscow).

1. Martsevich S.Yu. (Moscow) Patients with atrial fibrillation and combined cardiovascular pathology: clinical recommendations, interdisciplinary interaction.
2. Bunin Yu.A. (Moscow). Antiarrhythmic therapy of atrial fibrillation: choice of strategy and treatment features for some comorbid conditions.
3. Geraskina LA, Alieva M.M., Garabova N.I., Fonyakin A.V. (Moscow). Medicamentous treatment and prophylaxis in patients with acute impairment of cerebral circulation against the background of atrial fibrillation.
4. Lukyanov M.M. (Moscow). Patients with atrial fibrillation and combined cardiovascular diseases: drug treatment and outcomes in real medical practice.
5. Discussion.

## **Red Hall**

**10.00-11.30**

Russian-Belarusian Symposium. Polymorbidity in clinical practice.

Chairmen: Oganov R.G. (Moscow), Mitkovskaya N.P. (Minsk), Dudarenko S.V. (St. Petersburg).

1. Mitkovskaya N. P., Adamenko E.I. (Minsk). Polymorbid patient: target heart rate and blood pressure, quality and life expectancy.
2. Dudarenko S.V., Belogurova E.V. (St. Petersburg). Comorbidity in the practice of a cardiologist and endocrinologist: common mechanisms of pathogenesis, justification of diagnostic and therapeutic methods.

3. Khalimov Yu.Sh. (St. Petersburg). Polymorbid patient with type 2 diabetes mellitus: a new solution to old problems.
4. Grigorenko E.A. (Minsk). Syndrome of elevated blood pressure in renal and hepatic insufficiency.
5. Pateyuk I.V. (Minsk). Painless myocardial ischemia: stratification of cardiovascular risk in a comorbid patient.
6. Discussion.

### **Green Hall**

**10.00-11.30**

Symposium of the Russian gerontological scientific and clinical center. Complex and unresolved issues of treatment of cardiovascular diseases in elderly patients.

Chairmen: Runihina N.K. (Moscow), Kotovskaya Yu.V. (Moscow).

1. Tkacheva O.N., Kotovskaya Yu.V. (Moscow). Cardiovascular risk in older patients.
2. Runihina N.K. (Moscow). Target BP in patients with arterial hypertension.
3. Kotovskaya Yu.V. (Moscow). Do statins need a patient older than 80 years?
4. Dudinskaya E.N. (Moscow). Treatment of diabetes mellitus in patients of older age groups.
5. Discussion.

### **Beige Hall**

**10.00-11.30**

Symposium. Modern approaches to treatment and long-term prevention of relapses of PE.

Chairman: Yavelov I.S. (Moscow).

1. Gilyarov M.Yu. (Moscow). Treatment of PE in an acute period. What do we do well and what can be improved?
2. Yavelov I.S. (Moscow). Prolonged prevention of relapses of PE is how to achieve a balance of efficiency and safety.
3. Komarov A.L. (Moscow). Difficult patients with PE. Analysis of clinical cases.
4. Discussion.

### **Break.**

### **Blue hall**

**12.00-13.30**

Symposium. HEART TEAM: acute issues of modern cardiology

Chairmen: Gavrilova N.E. (Moscow), Erlich A.D. (Moscow).

1. Shugushev Z.Kh., Patrikeev A.V. (Moscow). Endovascular treatment of stable ischemic heart disease: pros and cons
2. Erlich A.D. (Moscow). Triple antiplatelet therapy - to whom, when, how much?
3. Sinitsyn V.E. (Moscow). Coronary visualization - which method to choose?
4. Discussion.

### **Red Hall**

**12.00-13.30**

Symposium of the Stavropol State Medical University. Diabetes mellitus is an interdisciplinary problem of the 21st century. Moderators: Gorbunkov V.Ya., Kechedzhieva S.G. (Stavropol).

1. Andreeva E.I. Diabetes mellitus: the mechanisms of development, the main clinical manifestations, diagnosis.
2. Agranovich N.V. Diabetes mellitus and kidney damage. Algorithm for diagnosis and treatment of diabetic nephropathy.

3. Baida A.P. Features of treatment of patients with arterial hypertension and diabetes mellitus.
4. Karpov SM Actual problems of the nervous system in diabetes mellitus.
5. Kechedzhieva S.G. Methods of treatment correction in patients with cardiovascular diseases and diabetes mellitus.
6. Sokhach A.Ya. Diabetes mellitus and pathology of the digestive system.
7. Gorbunkov V. Ya. The defeat of the vessels of the lower extremities in diabetes mellitus: diabetic foot.
8. Discussion.

### **Green Hall**

**12.00-13.30**

Symposium. COPD and cardiovascular pathology. Diagnostic difficulties and therapeutic problems.

Chairman: Zadionchenko V.S. (Moscow).

1. Zadionchenko V.S. (Moscow). COPD and cardiovascular pathology. Comorbidity or multimorbidity?
2. Timofeeva N.Yu. (Moscow). Bronchitis phenotype COPD - features of diagnosis and treatment of CHF.
3. Li V.V. (Moscow). Emphysematous phenotype COPD - unsolved issues of diagnosis and treatment of CHF.
4. Adasheva T.V. (Moscow). Atrial fibrillation in patients with COPD. Clinical and functional features, tactics of reference.
5. Discussion.

### **Beige Hall**

**12.00-13.30**

Symposium of the Rostov Medical University. Topical issues of hematology.

Chairmen: Shatokhin Yu.V., Snezhko I.V. (Rostov on the Don).

1. Shatokhin Yu.V. (Rostov on Don). Thrombocytopenia and thrombocytopathy.
2. Burnasheva E.V. (Rostov on Don). Thrombophilia in the practice of the therapist.
3. Snezhko I.V. (Rostov on Don). Anemic syndrome: the principles of diagnosis and treatment.
4. Discussion.

**Break.**

### **Blue hall**

**14.00-15.30**

Symposium. Prevention of vascular events as prevention of man-made disasters.

Chairmen: Gavrilova N.E., Zhidkova E.A. (Moscow).

1. Gavrilova N.E. (Moscow). Survey of epidemiological data on ACS and ONMC.
2. Shugushev Z.Kh. (Moscow). Program for preventing vascular events in railway workers.
3. Firsakova V.Yu. (Moscow). Features of the organization of medical care for NPP workers
4. Anikina MA (Moscow). Post-stress syndrome - how to help after a disaster.
5. Discussion.

### **Red Hall**

**14.00-15.30**

School of the National Society for the Study of Lipidology and Associated Metabolic Diseases. Clinical lipidology at the interdisciplinary intersection.

Chairmen: Oynotkinova O.Sh. (Moscow), Alekyan B.G. (Moscow).

1. Alekyan B.G. (Moscow). Endovascular treatment of multifocal atherosclerosis: are all issues resolved?
2. Maslennikova OM (Moscow). Modern trends in the diagnosis and correction of dyslipidemia.
3. Oinotkinova O.Sh. (Moscow). Guidelines for peripheral atherosclerotic diseases. What's new in the clinical guidelines in 2017?
4. Apolikhin OI, Krasnyak SS (Moscow). Erectile dysfunction in men from the positions of the andrologist: who is to blame: cholesterol or endothelial dysfunction?
5. Kornienko E.A. (Moscow). Optimization of the treatment of myocardial infarction in patients with type 2 diabetes at the stages of the revascularization operation.
6. Discussion.

### **Green Hall**

**14.00-15.30**

Symposium of the Omsk State Medical University. Arterial hypertension with connective tissue dysplasia.

Chairmen: Martynov A.I. (Moscow), Nechaeva G.I. (Omsk).

1. Nechaeva G.I. (Omsk). Morphofunctional state of the heart and vessels with connective tissue dysplasia.
2. Semengin A.A. (Omsk). Changes in stiffness of the arteries and vasomotor function of the endothelium with connective tissue dysplasia.
3. Chindareva O.I. (Omsk). LVH: problems of diagnosis and dynamic control.
4. Loginova E.N. (Omsk). Leading mechanisms of formation of arterial hypertension in dysplastic-dependent and associated renal pathology.
5. Shupina M.I. (Omsk). Arterial hypertension with connective tissue dysplasia: features of hypertensive cardiac remodeling.
6. Mikhailova A.V., Smolensky A.V. (Moscow). Overexertion of the sports heart and hereditary disorders of the connective tissue of the heart - is there an interconnection?
7. Gurevich T.S. (St. Petersburg). The case of arterial hypertension in an 8-year-old athlete with signs of connective tissue dysplasia.
8. Discussion.

### **Beige Hall**

**14.00-15.30**

Symposium of the Association of General Practitioners (Family Physicians) of the Russian Federation. A patient with a combined pathology in the work of a GP (family doctor) and a therapist.

Chairmen: Denisov I.N. (Moscow), Zagol'niknikova T.V. (Moscow), Shevtsova N.N. (Moscow).

1. Denisov I.N., Zagol'niknikova T.V. (Moscow). Modern approaches to conducting arterial hypertension in patients with combined pathology.
2. Shevtsova N.N. (Moscow). Portrait and tactics of conducting women in menopause: what's new?
3. Grigorovich M.S. (Kirov). Diagnosis and ways of correction of microbiocenosis in the practice of the family doctor.
4. Popova T.S. (Moscow). Traditional "and" new "risk factors for comorbid conditions.
5. Discussion.

**Break.**

### **Blue hall**

**16.00-17.30**

Symposium. Comorbid conditions in the practice of a sports doctor.

Moderators: Smolensky A.V. (Moscow), Hirmanov V.N. (St. Petersburg).

1. Gavrilova E.A. (St. Petersburg). Admission to sports. What should a cardiologist know?
2. Shevelev O.A., Smolensky A.V. (Moscow). Syndrome of cerebral hyperthermia and sports craniocerebral injury.
3. Bondarev S.A. (St. Petersburg). Stressful cardiomyopathy is fiction or reality.
4. Khirmanov V.N. (St. Petersburg). Cardiomyopathy diagnosed in athletes. Modern views on the problem.
5. Zaripova Z.A. (St. Petersburg). Modern possibilities of using the gas analysis method in assessing adaptation and disadaptation to sports loads.
6. Smolensky A.V., Tatarinova A.Yu. (Moscow). Sports heart and right ventricular remodeling physiological response or high risk.
7. Discussion.

### **Red Hall**

**16.00-17.30**

Symposium of the Tyumen Cardiology Research Center. Resynchronizing therapy in cardiological practice.

Chairman: Kuznetsov V.A. (Tyumen).

1. Kuznetsov V.A. (Tyumen). Cardiac resynchronization therapy for chronic heart failure: on which the characteristics of the response depend.
2. Enina T.N. (Tyumen). Possible mechanisms of different efficacy of cardiac resynchronization therapy in men and women.
3. Yaroslavskaya E.I. (Tyumen). Nonspecific cardiac syndromes in ischemic heart disease.
4. Soldatova A.M. (Tyumen). The problem of an inadequate response to cardiac resynchronization therapy: what is the true percentage of non-responders?
5. Pushkarev GS (Tyumen). Nonconventional risk factors in patients undergoing percutaneous coronary interventions.
6. Discussion.

### **Green Hall**

**16.00-17.30**

Symposium. Atherosclerosis and diseases of the musculoskeletal system: features of therapy.

Chairmen: Novikova D.S. , Skripnikova I.A. (Moscow).

1. Skripnikova I.A. (Moscow). Atherosclerosis and osteoporosis: assumptions and evidence.
2. Alikhanova N.A. (Moscow). The state of the vascular wall and bone mass in postmenopausal women.
3. Novikova D.S. (Moscow). Prevention of cardiovascular complications in patients with rheumatoid arthritis and other forms of inflammatory joint diseases - 2017 (based on the recommendations of the European Antirheumatic League recommendations).
4. Udachkina E.V. (Moscow). Individualization of the choice of lipid-lowering therapy for patients with rheumatic diseases.
5. Discussion.

### **Beige Hall**

**16.00-17.30**

Symposium of Young Scientists 2.

Chairmen: Bolieva L.Z. (Vladikavkaz), Shepel R.N. (Moscow), Zvolinskaya E.Yu. (Moscow).

1. Fisher Ya.A. (Tyumen). Depression and the risk of overall mortality in patients with chronic heart failure who underwent surgery for the implantation of various cardiac electronic devices.



2. Yavlyanskaya V.V. (Krasnodar). The relationship between vitamin D levels and the frequency and structure of acute cardiac events in patients with chronic obstructive pulmonary disease in early stages of kidney dysfunction.
3. Visternerichan O. (Karaganda). Prognostic role of purines in the development of restenosis of the coronary arteries.
4. Arutyunyan L.V. (Rostov-on-Don). Interrelation of polymorphisms of the endothelial NO-synthase gene (NOS3) with the stiffness of the vascular wall in patients with arterial hypertension.
5. Akhmedova E.B. (Moscow). Clinical and biochemical features of patients with AH and IHD in combination with other somatic diseases.
6. Ugurchieva P.A. (Nazran). The effect of comorbidity of somatic diseases in IHD patients on cardiovascular complications.
7. Myagkov M.A. (Moscow). The risk of fractures associated with osteoporosis, and indicators of the welfare of the population in different cities of Russia.
8. Discussion

**March 23, 2018**

**Blue hall**

**10.00-11.30**

Symposium. Infectious endocarditis - persistent problems of diagnosis and treatment.

Chairmen: Tyurin V.P. (Moscow), Fedorova TA (Moscow), Gudymovich VG (Moscow).

1. Tyurin V.P. (Moscow). Features of the modern course of infective endocarditis.
2. Fedorova T.A., Tazina S.Ya., Morozov A.G. (Moscow). The possibilities of diagnosis and evaluation of the effectiveness of therapy of infective endocarditis.
3. Chipigina N.S., Karpova N.Yu. (Moscow). Infectious endocarditis of the valve of the pulmonary artery: clinical observation, literature review.
4. Gudymovich V.G. (Moscow). Infectious endocarditis of the prosthetic valve: difficulties of diagnosis, treatment features.
5. Discussion.

**Red Hall**

**10.00-11.30**

Symposium. Risk factors, prevention and rehabilitation.

Chairmen: Aronov D.M. (Moscow), Bubnova M.G. (Moscow), Lyamina N.P. (Saratov).

1. Aronov D.M. (Moscow). The role of pulse-prune therapy in improving the clinical effects of myocardial revascularization in patients with IHD.
2. Bubnova M.G. (Moscow). Principles of preventing cardiovascular complications from the position of modern recommendations.
3. Lyamina N.P. (Saratov). Digital and mobile technologies in the system of rehabilitation of cardiac patients.
4. Naymushina A.G. (Tyumen). Stratification of risk factors for cardiovascular diseases. Sexual dimorphism and gender.
5. Saidov M.M. (Bukhara). Evaluation of cardiovascular risk in patients with rheumatoid arthritis.
6. Discussion.

**Green Hall**

**10.00-11.30**

Symposium of the national Research Center for Preventive Medicine. Unconventional causes of sudden cardiac death: they are not thought of, but die from them.

Chairman: Davtyan K.V. (Moscow).

1. Kharlap M.S. (Moscow). Rare forms of hypertrophic cardiomyopathy as the cause of sudden cardiac death.
2. Serdyuk S.E. (Moscow). Focal epilepsy as the cause of sudden cardiac death.
3. Davtyan K.V. (Moscow). Influence of the ICD therapy on the survival of patients with noncoronogenic forms of cardiomyopathies.
4. Discussion.

### **Beige Hall**

**10.00-11.30**

Symposium. How to improve the prognosis in patients with arterial hypertension: is achievement of target levels sufficient?

Chairmen: Shalnova S.A. (Moscow), Ostroumova O.D. (Moscow).

1. Shalnova S.A. (Moscow). Factors. Influencing the control of blood pressure: the results of Russian studies.
2. Mamedov., M.N. (Moscow). AH and cerebroprotection: new target levels and tactics of treatment.
3. Ostroumova O.D. (Moscow). The variability of blood pressure - yesterday, today, tomorrow.
4. Borisova E.V. (Moscow). Variability of arterial pressure in patients of middle age with uncomplicated arterial hypertension.
5. Ostroumova T.M. (Moscow). Sleep disorders in hypertension and cardiovascular risk.
6. Discussion.

### **Break.**

### **Blue hall**

**12.00-13.30**

Symposium. Actual problems of comorbid pathology. Focus on gastroenterology.

Chairmen: Yeryomina E.Yu. (Saransk), Tarasova LV (Cheboksary).

1. Eremin E.Yu. (Saransk). Gastroenterological problems of the cardiac patient.
2. Tarasova L.V. (Cheboksary). Alcohol damage to the internal organs - liver, heart, brain under the gun!
3. Ermolova T.V. (Saint Petersburg). Some mechanisms of fibrogenesis in patients with chronic liver diseases with the initial stage of fibrosis and their correction.
4. Discussion.

### **Red Hall**

**12.00-13.30**

Symposium. Genetic aspects of myocardial diseases.

Chairmen: Meshkov A.N. (Moscow), Sonicheva N.A. (Madrid).

1. Sonicheva N.A. (Madrid). Dangerous cardiomyopathies: where genetics is needed.
2. Myasnikov R.P. Kulikova O.V. Meshkov A.N. (Moscow). Family form of myofibrillar desinopathy and noncompact myocardium of the left ventricle. A new pathogenic mutation in the DES gene.
3. Kulikova O.V. Myasnikov R.P. Shcherbakova N.V. Meshkov A.N. (Moscow). Clinicomorphological and genetic features of the family form of noncompact myocardium of the LV.
4. Myasnikov R.P. (Moscow). Hereditary ATTR-amyloidosis. Clinical significance, diagnostic and treatment options.
5. Discussion.

## **Green Hall**

**12.00-13.30**

Symposium on Interventional cardiology.

Chairmen: Rudenko B.A. (Moscow), Shanyan A.S. (Moscow).

1. Rudenko BA (Moscow). Comparative analysis of surgical and endovascular treatment of lesion of the left main stem from data of NOBLE and EXCEL studies.
2. Milenkin B.I., Samochatov D.N. (Moscow). Non-standard situations of PCI in patients on the background of ACS. Clinical case.
3. Komkov A.A., Mazaev V.P. (Moscow). Results of investigation of atherosclerotic and neoatherosclerotic process with complete and incomplete myocardial revascularization in patients after interventional coronary interventions.
4. Shestov D.V., Samochatov D.N., Komkov A.A. (Moscow). Initial long-term results of using Calypso stent.
5. Potekhin D.A., Samochatov D.N. (Moscow). Stenting OS of LCA with expressed calcification of coronary arteries in patients with ACS. Difficulties, problems, solutions. Clinical case.
6. Discussion.

## **Beige Hall**

**12.00-13.30**

Symposium. Risk factors for cardiovascular disease: the search continues.

Chairmen: Kislyak O. A. (Moscow), Stryuk R.I. (Moscow).

1. Mamedov M.N. (Moscow). Risk factors for CVD and early markers of atherosclerosis / subclinical lesions of target organs.
2. Kislyak O.A. (Moscow). Hyperuricemia as a factor of cardiovascular risk: what do we know about it today?
3. Stryuk R.I. (Moscow). Early markers of cardiovascular risk in women.
4. Ostroumova O.D. (Moscow). The head is a dark matter and can not be studied? Modern modes of MRI of the brain in the identification of early markers of risk of cerebro-vascular complications.
5. Discussion.

**Break.**

## **Blue hall**

**14.00-15.30**

Symposium. Cardio-renal relationship.

Chairmen: Shutov A.M. (Ulyanovsk), Maksudova A.N. (Kazan), Petrova E.V. (Penza).

1. Maksudova A.N. (Kazan). Hyperuricemia, hypertension and renal failure. Clinical options.
2. Shutov A.M. (Ulyanovsk). Warfarin and calcification of blood vessels in chronic kidney disease. New indication for new oral anticoagulants?
3. Petrova E.V. (Penza). Chronic kidney disease and erectile dysfunction. Diagnosis and treatment approaches.
4. Menzorov M.V. (Ulyanovsk). X-ray contrast substances and acute renal damage in acute coronary syndrome. Is everything so obvious?
5. Discussion.

## **Red Hall**

**14.00-15.30**

Symposium. Arterial hypertension: from population aspects to rational therapy.

Chairmen: Baryshnikova G.A. (Moscow), Mikhin V.P. (Kursk).

1. Baryshnikova G.A. (Moscow). The possibilities of combined antihypertensive therapy at the present stage.
2. Mikhin V.P. (Kursk). Prevention of fatal complications in patients with arterial hypertension. Realities and opportunities.
3. Molchanova O.V. (Moscow). The effectiveness of prolonged non-drug intervention in persons of both sexes with obesity and / or overweight and borderline arterial hypertension.
4. Andreeva G.F. (Moscow). Interrelation of the psychological status of patients with stable arterial hypertension and the effectiveness of antihypertensive therapy.
5. Ievlev E.N. (Izhevsk). Disturbance of the circadian rhythm of arterial pressure in chronic kidney disease of the 5th stage: metabolic parallels, the possibilities of drug correction.
6. Discussion.

### **Green Hall**

**14.00-15.30**

Symposium. Arterial hypertension and nephrologic diseases in the clinical practice of a doctor.

Chairmen: Savenkov M.P. (Moscow), Khursa R.V. (Minsk).

1. Savenkov M.P. (Moscow). Multicomponent fixed combinations of antihypertensive drugs: the role of the doctor and patient in the selection of effective and safe treatment.
2. Drozdetsky S.I. (N. Novgorod). Practicing physician and personification of treatment. Focus on AG.
3. Khursa R.V., Mesnikova I.L., Yakovleva E.V. (Minsk). Arterial hypertension with long-term outpatient treatment: hemodynamic phenotypes of patients and clinical and demographic parallels.
4. Drobotya N.V., Pirozhenko A.A., Guseinova E.Sh. (Rostov-on-Don). Comparative vasoprotective effectiveness of various antihypertensive combinations.
5. Kazakova I.A. (Izhevsk). Nephrotic syndrome in the practice of the therapist: the principles of diagnosis, the complexity of therapy.
6. Bogatyreva. M.M. (Nazran). Renin activity of plasma from the standpoint of cardio and nephroprotection.
7. Discussion.

### **Beige Hall**

**14.00-15.30**

Symposium. Actual problems of diagnosis and treatment of complex clinical situations from the perspective of evidence-based medicine and real clinical practice.

Chairmen: Poponina T.M. (Tomsk), Petrova M.M. (Krasnoyarsk).

1. Poponina T.M. (Tomsk). Assessment of the risk of ischemic and hemorrhagic events in acute coronary syndromes from the perspective of evidence-based medicine.
2. Vershinina E.O., Repin A.N. (Tomsk). Comparative effectiveness of loading doses of potent statins with planned percutaneous coronary interventions.
3. Petrova M.M., Evsyukov A.A. (Krasnoyarsk). The prevalence of cognitive disorders in the population of a large industrial city of Siberia in the framework of the ESSE-RF study.
4. Poponina T.M., Poponina Yu.S., Gunderina K.I. (Tomsk). Acute coronary syndrome and anxiety-depressive disorders: the possibility of improving the prognosis.
5. Vershinina E.O., Repin A.N. (Tomsk). Acute effects of statins with planned endovascular interventions on the coronary arteries.
6. Discussion.

**Break.**

**Blue hall**

**16.00-17.30**

Symposium. Atherosclerosis, ischemic heart disease and comorbidity.

Chairmen: Arabidze G.G. (Moscow), Viktorova I.A. (Omsk).

1. Arabidze G.G. (Moscow). New therapeutic possibilities of clinical immunology in atherosclerosis.
2. Viktorova I.A. (Omsk). Hyperdiagnostics of ischemic heart disease: what can be hidden behind a complaint "pain behind the sternum"?
3. Bolieva L.Z. (Vladikavkaz). Chronic obstructive pulmonary disease and ischemic heart disease. Features of rational pharmacotherapy.
4. Proskurnina E.V., Lankin V.Z., Sozarukova M.M., Nikitina N.A. (Moscow). Phagocytes of blood and cultured macrophages as sources of reactive oxygen species in ischemic heart disease.
5. Abdrakhmanova A.I. (Kazan). Comorbid conditions: acute coronary syndrome and rheumatoid arthritis.
6. Luzina T.V., Urvantseva I.A., Efimova L.P., Almazova Ye.G. (Surgut). Interrelation of comorbidity and morpho-functional structure of atherosclerotic plaques in patients with atherosclerosis of brachiocephalic vessels.
7. Discussion.

**Red Hall****16.00-17.30**

Symposium. Prevention and rehabilitation of chronic noncommunicable diseases

Chairmen: Akimova E.V. (Tyumen), Kezhun L.V. (Grodno).

1. Akimova E.V. (Tyumen). Some behavioral and psychosocial risk factors for cardiovascular disease - according to cross-sectional epidemiological studies in an open urban population.
2. Dovgalyuk Yu.V. (Ivanovo). The importance of cardiopulmonary exercise testing in cardiac rehabilitation.
3. Zvolinskaya E.Yu. (Moscow). Results of a one - year preventive intervention in relation to cardiovascular risk factors in first - year students.
4. Shilova M.A. (Moscow). Risk factors for sudden cardiac death in schoolchildren in physical education, predictive capabilities.
5. Kezhun L.V. (Grodno). Factors of cardiovascular risk and vitamin D deficiency / deficiency in medical students.
6. Discussion.

**Green Hall****16.00-17.30**

Symposium of the National Center for Rheumatology after named Nasonova V.A. Cardiological problems in rheumatology.

Chairmen: Popkova T.V. (Moscow), Kondratieva L.V. (Moscow).

1. Popkov, T.V. (Moscow). The defeat of the cardiovascular system in rheumatoid arthritis: a view of a rheumatologist
2. Gerasimova E.V. (Moscow). Rheumatoid arthritis: do we consider all factors of cardiovascular risk in clinical practice?
3. Kondratieva L.V. (Moscow). Disorders of carbohydrate metabolism in rheumatoid arthritis: how to assess the risk of developing type 2 diabetes?
4. Panafidina T.A. (Moscow). Heart failure in systemic lupus erythematosus: risk factors and diagnostic features.
5. Discussion.

**Beige Hall**

**16.00-17.30**

Symposium. Topical issues of cardiology and other somatic diseases.

Chairmen: Savina N.M. (Moscow), Tokarev N.G. (Saransk).

1. Tarasov A.V. (Moscow). Cupping of arrhythmia paroxysms. New data.
2. Popova E.P., Bogova O.T., Matzokin I.S., Puzin S.N., Sychev D.A., Fisenko V.P. (Moscow). Effect of antiarrhythmic drugs on heart rate variability on heart rate variability in patients with atrial fibrillation.
3. Olesin A.I., Konstantinova I.V., Litvinenko V.A. (St. Petersburg). Evaluation of the effectiveness of treatment of atrial fibrillation in patients with metabolic syndrome in relation to the duration of arrhythmia prior to initiation of therapy.
4. Tokarev N.G. (Saransk). Diabetes mellitus and epilepsy.
5. Savina N.M. (Moscow). Chronic heart failure and diabetes. Optimal medical tactics.
6. Nuritdinov N.A. (Tashkent). Diastolic function of the left ventricle in patients with chronic heart failure.
7. Discussion.

**Closing of the Forum.**